



INTERNATIONAL TAEKWON-DO RICCARTON INC



Riccarton Round Robin Series Tournament Rules





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SECTION I - GENERAL

T 1. PURPOSE

The purpose of these rules is to elevate the quality of Taekwon-Do by scoring every aspect and to provide an equal opportunity for all participants to show the ultimate of their abilities in friendly competition with one another.

These rules will also provide a friendly, safe and fair environment for competitors to gain experience, and improve their Taekwon-Do. It is through this friendly rivalry that competitors will be self-motivated to strive for the goal of personal improvement and not winning at all costs.

T 2. APPLICATION

These are to be applied at the Riccarton Round Robin Tournament Series of International Taekwon-Do Riccarton. (Riccarton) a Taekwon-Do club affiliated to International Taekwon-Do Foundation of New Zealand Inc. (the Foundation). They will come into effect on the date indicated on the rules, and shall bind all members of the Club and any other person involved with a Tournament of the Club.

These rules are based on the International Taekwon-Do Federation World Championships Rules, and departures from those rules are in blue font italics.

T 3. OFFICIALS

Officials will be qualified in accordance with the Foundation Rules for Qualifying Umpires.

For Regional Championships all officials must be qualified as follows:

- a. Tournament Arbiter will be an A Grade or B Grade Umpire will be an appointed by the International Taekwon-Do Riccarton Group, and will be present to oversee the Ring Councils and settle disputes;
- b. The Ring Councils shall be made up of officials who are qualified at the following grades:

Age division	5-10	11-14	15-17		18+	
Belt division	All	All	СВ	ВВ	СВ	ВВ
Jury Presidents	С	С	В	В	В	В
Patterns Referees	С	С	С	В	С	В
Centre Referees (sparring)	С	С	В	В	В	В
Corner Referees (sparring)	С	С	С	В	С	В
Power Test Referees	С	С	С	В	С	В
Special Technique Referees	С	С	С	В	С	В

c. if there are not enough officials with high enough qualifications the Tournament Arbiter can allow a lower Grade official to perform these duties at their discretion.







T 4. DUTIES

- a. One (1) Jury President will be seated at the Jury table and is responsible for all decisions as written in the Foundations Umpire rules.
- b. Three (3) Judges will be seated in a line at a distance of one (1) metre from the boarder of the ring, and one (1) metre from each other, facing the competitors, during Pattern and Pre-Arranged Free sparring competition. They will assign points in accordance with their judgement based on the competition rules and regulations.
- c. One (1) Centre Referee will be inside the ring to control the match during Free Sparring.
- d. Four (4) Judges for sparring will be seated at a distance of one (1) metre from the corner of the ring during Free Sparring. They will give points in accordance with their judgment based on the competition rules and regulations. Where there are insufficient Judges available the Tournament Arbiter may approve the use of only three (3) Judges.
- e. *Two* (2) Judges shall officiate in Power and Special Technique competition. They will assign points in accordance with their judgement based on the competition rules and regulations.
- f. At least one (1) Jury member will be seated at the Jury table to assist the Jury President at all times.
- g. One (1) assistant member will be seated at the Jury table to keep match records.
- h. One (1) Ring Marshalls will be at each ring to manage the ring and competitors as laid down in the Foundation Umpire Rules. They will:
 - i. be responsible for the safety and cleanliness of the ring,
 - ii. ensure that competitors are ready before their match, and
 - iii. ensure that competitors are in the correct dress and have all required safety equipment.
- i. The Tournament Manager will be responsible for the successful planning and directing of the tournament.
- j. The Floor Manager is responsible for all equipment and hygiene.

T 5. COMPETITORS AND EVENTS

Competitors shall compete in the divisions laid down in the following rules, and must be of the appropriate age at the first day of the competition.

Competitors in all divisions must be healthy and a current member of the Foundation and a club/school of the Region.

GENDER DIVISIONS

- a. Male
- b. Female

AGE DIVISIONS

Competitors must be the age listed in the categories below, as of the actual date of official weigh-in, and shall compete in the divisions laid down in the following rules.

	Age Division	Description
a.	5 - 10 years old	Pee Wee
b.	11 - 14 years old	Intermediate (Pre Junior)
C.	15 - 17 years old	Junior
d.	18 – 35 years old	Senior
e.	36 - 45 years old	Advanced Senior
f.	46 years and older	Veteran







BELT DIVISIONS

- a. Individual Patterns:
 - i. white and yellow belts,
 - ii. green and blue belts, and
 - iii. red and I to VI degree black belts.
- b. Individual Sparring:
 - i. white, yellow and green belts, and
 - ii. blue, red and I-VI degree black belts.
- c. Individual Special Technique:
 - i. white, yellow and green belts, and
 - ii. blue, red and I-VI degree black belts.
- d. individual power test:
 - i. white, yellow and green belt, and
 - ii. blue, red and I-VI degree black belts.

COMPETITORS WHO CHANGE RANK CLOSE TO A TOURNAMENT

- a. Competitors will fill in the entry form with their rank as at the closing date indicated on the entry form. Once registered, competitors may not re-register as their new or old rank.
- b. Competitors registering before they have been given their grading results may enter as their previous rank, but must do so for all events, and the competitor will wear the uniform and belt that matches the rank they are competing as.
- c. Competitors are expected to know all the patterns relevant to the rank they are competing as.

T 6. DRESS REQUIREMENTS

- a. Officials will wear the dress requirements as laid down in the Foundations Umpires rules.
- b. Dobok
 - i. Competitors, while competing must wear the "official approved" ITF Dobok as laid down in the Foundations Standards & Disciplines Document with badges officially approved by the Foundation.
 - ii. Personal sponsorship on the ITF Dobok is allowed <u>only</u> on the left sleeve (measuring length 8cm and height 5cm). The *Tournament Arbiter* must approve all Personal Sponsorship.
 - iii. Female competitors may wear a white T-shirt under the Dobok jacket.
- c. Black Belts
 - i. The Junior Black Belt must have a one (1) cm wide white stripe running horizontally along the entire length of the belt, from one end to the other. This stripe must be situated in the centre of the belt and must be visible on only one (1) face of the belt.
 - ii. The senior Black Belt is completely black.
 - iii. Junior and/or Senior Black Belts must indicate the competitor's degree in Roman numerals and could indicate the competitors name at one side of the belt. The other side of the belt could indicate the name "International Taekwon-Do Federation", Taekwon-Do in Korean Characters and/or the Taekwon-Do Tenets in Korean. The Colour of The writing must be in gold.
- d. Competitors are allowed, when not competing, to wear normal sportswear such as track suits, dressing gowns, training shoes, etc. however it is at the discretion of the Tournament Committee.
- e. At the medal awarding ceremony competitors must wear the ITF Dobok.
- f. Drinking of alcoholic beverages or smoking whilst wearing the Dobok is prohibited.





T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR

For Sparring competitions the following rules also apply.

- a. Competitors must be in possession of and wear:
 - i. Red, blue *or black* hand and feet safety equipment (colour must be *either black or* the same colour as the competitor);
 - Groin guards must be work inside the Dobok trousers male only;
 - iii. Red or blue head guard (colour must be the same colour as the competitor);
 - iv. Mouth guard being of a transparent colour; and
 - v. Safety equipment must be of an approved type and certified by the Foundation.
- b. Competitors may, optionally, wear the following:
 - i. Shin protectors;
 - ii. Breast protectors (optional for female only) must be worn inside the Dobok jacket;
 - iii. Groin guards (optional for females) must be work inside the Dobok;
 - iv. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic (except for groin guards and breast protectors), the use of zip, lace or stud fasteners is forbidden.
- c. No other protective or safety equipment may be worn, except in special circumstances with the approval of the *Tournament Arbiter*.
- d. All competitors with injuries which require bandaging or strapping of any kind must satisfy the *Tournament Arbiter* of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn.
- e. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

T 8. MEDICAL ATTENTION

All tournaments must have qualified First Aid personnel in attendance. First Aid recommendations, with regard to competitors' further participation, following injury, must be adhered to.

T 9. INJURY LIABILITY AND INSURANCE - COMPETITORS

The Foundation, and Club will not be held responsible for any injury, eventuality, and/or loss sustained by competitors while attending the event or otherwise.

All competitors should have medical insurance in case of injury.

T 10. INSURANCE – FOR EVENT

All hosts must ensure that they have public liability insurance.

T 11. RING SIZE

- a. All rings must be covered with an approved jigsaw type mat.
- b. For sparring, the competition ring will consist of an 8 by 8 metre matted playing surface, and must have an additional one (1) metre wide (minimum) safety perimeter of a contrasting colour of mat, delineating the border between "in play" and "out of play".
- c. For Pattern, the competition ring will consist of a 10 by 10 metre matted playing surface. There will be 8 by 8 metres of mat of one colour, surrounded by a one (1) metre wide perimeter of a contrasting colour of mat. All areas of mat are "in play".
- d. For Power Test and Special Technique, the ring size will consist of appropriate sized matted playing surface for safe and equitable competition. Dimensions and layout will be decided and approved by both the *Tournament Arbiter*.







- e. Any elevated ring will consist of a 14 x 14 metre (minimum) matted playing surface, with a minimum height of 50cm, and a maximum height of one (1) metre. Actual playing dimensions will be in accordance with the above noted events, with extra safety perimeter area being of a contrasting colour of mat, delineating the border between "in play" and "out of play".
- f. Lighting must not be lower than five (5) metres above the height of the ground or any elevated ring.
- g. The official Jury table must be located in front, and at the same level of, the ring.

T 12. RESULT RECORDING

All tournaments should have several forms of visual display of results for the benefit of participants and audience. Results should generally be shown as often as possible so as to enable the competitors to follow the course of the event whilst it is in progress.

T 13. DELEGATES (MANAGEMENT)

A Delegate or Manager of an individual or Club may be any person authorised by Riccarton. A delegate registers the competitors, submits the documents, lodges complaints and cooperates with the other officials at the competition.







T 14. COACHES (SECONDS)

- a. For individual competition one (1) coach only must be present at ringside, seated in the designated coach's chair.
- b. Coaches must wear a tracksuit, gym shoes and carry a towel.
- c. Coaches are not allowed to wear non Taekwon-Do items in the competition area.
- d. Coaches must remain seated, at least one (1) meter outside of the playing area of the competition ring.
- e. Coaches must not interfere in the competition by action or words.
- f. Coaches are the only persons allowed to present an official protest.
- g. Failure to abide by the above mentioned may render the coach liable to be removed from their advisory position. The *Tournament Arbiter* shall decide the time and duration of the removal.
- h. A removed coach must be replaced by another coach, or by a competitor wearing a coach's outfit, within a two (2) minute time limit.
- i. If another coach is not present within the two (2) minute time period the competitor shall be disqualified.
- j. For sparring competition, the coach must wear disposable gloves for the duration of the bout, and attend to any blood spilled from the competitor they are seconding upon instruction from the centre referee. The coach shall dispose of their gloves in the nominated disposal facility immediately following the completion of the bout.

T 15. AWARDS (Male and female)

INDIVIDUAL

1 GOLD	1 SILVER	1 BRONZE
1 GOLD	1 SILVER	1 BRONZE
1 GOLD	1 SILVER	1 BRONZE
1 GOLD	1 SILVER	1 BRONZE
	1 GOLD 1 GOLD	1 GOLD 1 SILVER 1 GOLD 1 SILVER

Best Overall Junior/Senior Male	1 TROPHY
Best Overall Junior/Senior Female	1 TROPHY
Best Overall Junior/Senior Male	1 TROPHY
Best Overall Junior/Senior Female	1 TROPHY

Points gained in the three tournaments in the series will count towards the Best Overall winners. Only Gold medals will count towards the Best Overall Winner. However, in the event of two or more individuals having the same number of Gold medals then the Silver and then the Bronze medals will count in determining the Best Overall Winner.

In the event that this also results in a tie then the following procedure shall take place. Where there are four (4) competitors in a category/division one (1) point shall be given. Where there are up to eight (8) competitors, 2 points shall be given and over nine (9) competitors, 3 points shall be given, with the most points determining the Best Overall Winner.

In the event that this also results in a tie then the Best Overall award shall be jointly awarded.







T 16. OFFICIAL TERMINOLOGY

a. **CHA RYOT ATTENTION BOW** b. KYONG YE JUN BI READY C. d. SHIJAK **BEGIN HAECHYO SEPARATE** e. GAESOK CONTINUE f. GOMAN **FND** g. JU UI WARNING

DEDUCTING POINTS GAM JUM i. SIL KYUK DISQUALIFICATION i.

HONG RED k. I. CHONG **BLUE** JUNG JI TIME STOP m. DONG CHON **DRAW** n.

IL HUE JONG FIRST ROUND O. I HUE JONG SECOND ROUND p. SAM HUE JONG THIRD ROUND q. SUNG WINNNER r.

T 17. DIVISION OF COMPETITION

Competition is for INDIVIDUAL events only, with the following events:

Individual events:

h.

- i. Patterns.
- ii. Sparring,
- iii. Power Test, and
- iv. Special Technique.

The winners of the all events will be decided by the best scores obtained.

T 18. COMPETITORS NUMBERS

- Any number of individual competitors may enter each event. a.
- b. These competitors may be individuals only.
- Competitors may compete in a different age category than their designated age category with the c. approval of the Tournament Arbiter but most compete in the same age category for all divisions, and are not permitted to compete in different age divisions for different individual events.
- Competitors must compete only in their designated rank division and are not permitted to compete in d. either a higher or lower rank division.
- Competitors may compete for only one (1) club/school as registered. Competitors are not permitted to e. compete for more than one (1) club/school, or for different clubs/schools in different divisions.

NUMBER OF COMPETITORS PER DIVISION

Divisions with only a single competitor, by a date determined by the Tournament Arbiter may be cancelled, with a refund of fees. If a default after this date by other competitor(s) leaves only one competitor, a Gold medal will be awarded. A single competitor can elect to compete in a higher grade or weight division with the approval of the Tournament Arbiter.

T 19. ORDER OF MATCH

The order of match shall be according to the tournament competition schedule, and subject to change with time requirements and the overall schedule of the tournament.





T 20. DRAW FOR ORDER OF COMPETING

- a. The draw will be approved by the *Tournament Arbiter* in advance of it being made public.
- b. Any changes to the draw must be approved by the *Tournament Arbiter*.
- c. Draws will be made public at the start of the event.

T 21. WEIGHT CHECK

Checking the weight of competitors will not be earlier than 24 hours and not later than one hour before the sparring competition. Competitors not making their weight at the first weigh in shall have one (1) hour time to present themselves for the second and last weigh in. If a competitor does not make weight at this time, additional weigh-in attempts are only allowed with the permission of the *Tournament Arbiter*. If the competitor does not make weight, they will only be allowed to enter another weight category with the permission of the *Tournament Arbiter*.

T 22. ANNOUNCEMENTS

- a. According to the tournament schedule it will be announced in which ring an event will take place. It is the responsibility of the competitors to be close to the ring so that they may compete without delay when called upon to do so.
- b. They will be called to the red or blue side of the square complete with any equipment (such as safety equipment) that they require.
- c. Should they not come forward immediately then their name and/or Club will be called for a second time.
- d. Should the individual still not come forward to the square within one (1) minute from the second call then they will be disqualified.

T 23. EQUIPMENT CHECK

- a. Competitors' Dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective.
- b. Competitors MUST present themselves at the ring when called, AND BE IN POSSESSION OF, AND WEARING, the appropriate colour of safety equipment, in accordance with their position on the draw sheet.
- c. Should any item(s) not be satisfactory then they must be changed. The competitor has a maximum of three (3) minutes to change what is requested, following which they will be disqualified and the match points awarded to the opponent where appropriate.

T 24. COURTESY

Competitors must bow to the Jury and also to each other at the beginning and end of each performance/match.







SECTION II - PATTERN

T 25. GROUPS

- a. Age divisions
- b. Belt divisions

Patterns divisions must contain at least two (2) competitors, and should have at least eight (8) competitors. If the Tournament Arbiter deems the number of competitors in any division is insufficient, divisions may be merged as follows:

- a. age groups may be combined:
 - i. Pee Wee and Intermediate; and/or
 - ii. Intermediate and Junior, and/or
 - iii. Junior and Senior, and/or
 - iv. Junior, Senior, Advanced Senior and Veteran; and/or
 - v. Senior, Advanced Senior and Veteran: then
- b. rank divisions may be combined.

All competitors in a division will be merged, and not split into parts, unless there are concerns for competitor safety and overall fairness.

T 26. PROCEDURE

- a. The round robin system will be used.
 - i. Competitors will compete 1 to 1 and will perform simultaneously two (2) Designated Patterns appropriate to their degree/grade, (see T 27). If the Tournament Arbiter deems that the division is sufficiently large then the number of patterns performed may be reduced to one (1) Designated Pattern.
 - ii. The Judges will choose a winner for each match.
 - iii. All competitors will compete against all other competitors in their division.
- b. In the event that two competitors clash (come into contact) during the performance of their pattern, the competitor that is found to be responsible for the clash will receive a score of zero (0) points for that pattern.
- c. Competitors must begin their patterns horizontally in line with one another with the exception of pattern UL-JI, where the Red Competitor (Hong) **must** begin their pattern one (1) meter closer to the judges table.

T 27. PERFORMANCE AND DECISIONS

Competitors will compete with the designated Patterns being any one from the following table:

Division	Lowest Pattern / Exercise	Highest Pattern
White & Yellow Belt	SAJU JURIGI / MAKGI	CHON-JI
Green & Blue Belt	CHON-JI	YUL-GUK
Red Belt to VI Degree	CHON-JI	MOON-MOO

Where two competitors are of different ranks, the highest pattern that may be asked is that of the rank of the lowest ranked competitor.

SAJU JURIGI and SAJU MAKGI will be performed both sides, with right side first.

Mini Kids who are:

- a. double yellow stripe are expected to know CHON-JI,
- b. first black strip and higher are expected to know SAJU JURIGI and SAJU MAKGI.
- c. first red stripe are expected to know SAJU JURIGI only,



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d. white belt to first blue stripe are not required to do SAJU JURIGI and SAJU MAKGI but will perform basic movements under the direction of an umpire.

The following decisions will apply:

The Competitor obtaining the majority of Umpire votes, with a minimum of two (2) Umpire votes in their favour, shall be declared the winner of that match.

- a. The winner of a match shall receive two (2) points.
- b. The loser of a match shall receive zero (0) points.
- c. In the event of a draw both competitors shall receive one (1) point; no further patterns shall be performed.
- d. Once all matches have been completed the three highest scores will set 1st, 2nd and 3rd place winners.

In the event of a draw between two competitors in the division:

- a. the points from the individual match between the two competitors will be used to determine a winner,
- b. If there is still a tie, the competitors will perform an additional Designated Pattern as selected by random draw, until the winner is decided.

In the event of a draw between three (3) competitors in the division:

- a. the points from the individual matches between the competitors will be used to determine if there is a difference in scores to determine placings, eliminating any competitors who are not in a top 3 position,
- b. if there is still a tie, the three competitors will simultaneously perform an additional Designated Pattern as selected by random draw, against the other competitors they are tied with until a winner is decided.

In the event of a draw between four (4) or more competitors in the division:

- a. the points from the individual matches between the competitors will be used to determine if there is a difference in scores to determine placings, eliminating any competitors who are not in a top 3 position. If the number of tied competitors reduces to two (2) or three (3) competitors then follow the above procedure.
- b. if there is still a tie, the competitors will perform an additional Designated Pattern as selected by random draw, in a round robin system against the other competitors they are tied with, eliminating any competitors who are not in a top 3 position. If the number of tied competitors reduces to two (2) or three (3) then follow the above procedures,
- c. if there is still a tie between four (4) or more competitors then a pyramid system of elimination will be conducted, with the Jury President randomly drawing the matches.

Performing additional patterns:

- a. the additional designated pattern shall be a pattern appropriate for their rank, (see Article 27),
- b. in the event of a tie between competitors of differing ranks, the designated pattern will be chosen from patterns SAJU MAKGI, up to and including the highest pattern appropriate, for the competitor holding the lowest rank in that match (See Article 27),
- c. in the event of a continued tie, the same process will continue, performing patterns which have not yet been performed during the a tie-break match, until all patterns appropriate to that rank, in accordance with Article 27, have been performed,
- d. if a further tie continues, an additional designated pattern from those already performed, appropriate to that rank, in accordance with article T 27, until the winner is decided.

T 28. OFFICIALS FOR PATTERN DIVISION

One (1) Jury President, one (1) Jury Member, and three (3) Referees, and one (1) Ring Marshall.







SECTION III - SPARRING

T 29. DIVISIONS

INDIVIDUAL

- a. Gender divisions.
- b. Weight divisions.
- c. Age divisions.
- d. Belt divisions.

Sparring divisions must contain at least two (2) competitors, and should have at least four (4) competitors. If the Tournament Arbiter deems the number of competitors in any division is insufficient, divisions may be merged as follows:

- a. several weight divisions may be combined into one division as long as competitor safety is able to be maintained;
- b. age groups may be combined:
 - iv. Pee Wee and Intermediate; and/or
 - v. Intermediate and Junior, and/or
 - vi. Junior and Senior, and/or
 - vii. Junior, Senior, Advanced Senior and Veteran; and/or
 - viii. Senior, Advanced Senior and Veteran; then
- rank divisions may be combined.

All competitors in a division will be merged, and not split into parts, unless there are concerns for competitor safety and overall fairness.

Further merging of divisions will only be made if Tournament Arbiter is satisfied that if competitor safety is able to be maintained.

INDIVUIDUAL RANK DIVISIONS

- a. White, yellow and green belts, and
- b. Blue and red and I-VI degree black belts.

WEIGHT DIVISIONS BY AGE DIVISION

Gender division	nder division MALE FEMALE							
Age division	5-10	11-14	15-17	18+	5-10	11-14	15-17	18+
Micro	<25kg	<40kg	<50kg	<57kg	<25kg	<35kg	<45kg	<50kg
Light	25-32kg	40-46kg	50-56kg	57-63kg	25-32kg	35-41kg	45-50kg	50-56kg
Middle	32-39kg	46-52kg	56-62kg	63-70kg	32-39kg	41-47kg	50-55kg	56-62kg
Light Heavy	39-46kg	52-58kg	62-68kg	70-78kg	39-46kg	47-53kg	55-60kg	62-68kg
Heavy	46-55kg	58-65kg	68-75kg	78-85kg	46-55kg	53-60kg	60-70kg	68-75kg
Hyper	>55kg	>65kg	>75kg	>85kg	>55kg	>60kg	>70kg	>75kg

In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class, *unless the division has been merged by the Tournament Arbiter.*







T 30. DURATION OF BOUTS & DECISIONS

a. Matches will all be for two (2) rounds with the one (1) break between rounds of the following durations:

Division size	Round time	Break time
Two (2) to Five (5) competitors	Two (2) minutes	One (1) minute
Six (6) to Eight (8) competitors	Ninety seconds (2) minutes	Forty five (45) seconds
Greater than Eight (8) competitors	Sixty (60) seconds	Thirty (30) seconds

The following decisions will apply:

The Competitor obtaining the majority of Umpire votes, with a minimum of two (2) Umpire votes in their favour, shall be declared the winner of that match.

- b. The winner of a match shall receive two (2) points.
- c. The loser of a match shall receive zero (0) points.
- d. In the event of a draw both competitors shall receive one (1) point; no further patterns shall be performed.
- e. Once all matches have been completed the three highest scores will set 1st, 2nd and 3rd place winners.

In the event of a draw between two competitors in the division:

- a. The points from the individual match between the two competitors will be used to determine a winner.
- b. If there is still a tie, the competitors will perform an additional one (1) minute round will take place, to determine a winner.
- c. If there is still a tie then a further and final round will take place with the first scored point assigned by at least two (2) referees at the same split second will decide the winner.

In the event of a draw between three (3) or more competitors in the division:

- d. The points from the individual matches between the competitors will be used to determine if there is a difference in scores to determine placings, eliminating any competitors who are not in a top 3 position. If the number of tied competitors reduces to two (2) competitors then follow the above procedure.
- e. If there is still a tie between three (3) competitors then:
 - i. the Jury President randomly draw two (2) of the three competitors to complete a tie break per the above procedure for a tie between two (2) competitors; then
 - ii. the winner will complete a tie break per the above procedure for a tie between two (2) competitors against the third competitor, and the winner of this match places ahead of the other two competitors.
 - iii. if the two remaining competitors cannot place, they are eliminated; otherwise they follow the above procedure for a tie between two (2) competitors.
- f. If there is still a tie between four (4) or more competitors then a pyramid system of elimination will be conducted, with the Jury President randomly drawing the matches, with each match following the procedure for a tie between two (2) competitors.

T 31. TARGET AREA

- a. Head:
 - i. at the front and sides but not at the back, and
 - ii. excluding the neck.
- b. Trunk of the body:
 - i. from shoulder to navel vertically, and
 - ii. from a line drawn from the armpit vertically down to the waist on each side (that is frontal area only, excluding the back).





T 32. POINT AWARDS

- a. One (1) point will be awarded for any legal hand attack directed to mid- or high-section.
- b. Two (2) points will be awarded for any legal foot attack directed to mid-section.
- c. Three (3) points will be awarded for any legal foot attack directed to high-section.

T 33. LIGHT CONTACT SCORING PROCEDURE SYSTEM

In competition a technique is valid according to a light contact system if:

- a. executed correctly,
- b. dynamic, (i.e. it is delivered with strength, purpose, rapidity and precision), and
- c. controlled on the target.

T 34. MINUS POINTS / FOULS

One point will be deducted for the following offences:

- a. heavy contact;
- b. attacking a fallen opponent;
- c. leg sweeping;
- d. holding/grabbing;
- e. intentional attack to a target other than mentioned in Article T33;
- f. unsportsmanlike conduct; or

Unsportsmanlike conduct includes any action taken by a competitor that shows disrespect, lack of following directions or other unacceptable behaviour towards umpires, official or other competitors including though not limited to: Failure or refusal to follow referees direction, intentionally leaving ring/manipulation of time, inappropriate behaviour/language...)

T 35. WARNINGS

Warnings will be assigned for the following offences:

- a. pretending to have scored a point by raising one or both arms;
- b. stepping completely out of the ring (both feet);
- falling down, whether intentional or not (i.e. any part of the body, other than the feet, touching the ground);
- d. faking a blow, pretending to be injured to gain an advantage;
- e. intentionally avoiding sparring;
- f. adjusting equipment during the bout without the consent of the Centre Referee.
- g. unintentional attack to an target other than mentioned in Article T33; or
- h. pushing with either the hands of body.

The sum of three (3) warnings automatically means deducting one (1) point.

If a competitor is pushed out of the ring with intent (without undergoing a technique) then he will not receive a warning. The competitor who pushed shall receive a warning.







T 36. DISQUALIFICATION

A competitor will be disqualified and the result will be awarded to the opponent in the following circumstances:

- a. misconduct against officials or ignoring instructions;
- b. uncontrolled or excessive contact;
- c. receiving three (3) minus points/fouls given by the Centre Referee;
- d. being under influence of alcoholic beverages or drugs;
- e. loss of temper;
- f. insulting an opponent, coach, and/or official;
- g. biting, and scratching;
- h. attacking with the knee, elbow or forehead; or
- i. being negatively responsible for a loss of consciousness (see article T39).

A competitor that insults an opponent, coach or official will be disqualified from the rest of the competition.

T 37. INJURY

- a. When a competitor is injured, the Centre Referee must stop the match and call for First-Aid personnel. There will be a total of three (3) minutes of time allowed per match for the First-Aid personnel to diagnose, treat the wound and decide about the match and competitor continuation.
- b. If a competitor is able to continue but time is needed to treat wounds or to stop a nosebleed the bout will be postponed for one bout. This will also be allowed for pre-existing medical conditions such as asthma. The remaining time in the bout will be recorded and the bout will continue with that amount of time. If there is no improvement on the completion of the bout then the competitor is deemed unable to continue.
- c. When a competitor cannot continue because of the medical decision:
 - i. they are the winner if the opponent is responsible, or
 - i. they are the loser if the opponent is not responsible.
- d. An injured competitor that is unfit to compete, cannot continue for the time/day(s) set according to the First-Aid personnel's decision
- e. A competitor that refuses to accept the First-Aid personnel's and/or the Ring Council's decision will be disqualified and taken out of the competition
- f. If two competitors injure themselves at the same time and both are unfit to continue, according to the First-Aid personnel's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Ring Council will decide about the bout.
- g. A competitor that is responsible for a loss of consciousness or causing a concussion in sparring will be disqualified. A competitor that is negatively responsible for a loss of consciousness or causing a concussion in sparring may be disqualified. The unconscious or concussed competitor shall not be able to compete again during the whole event, and as such will forfeit any remaining matches or events.
- h. In the event that blood is spilled from a competitor or any other injury occurs the referee shall ensure that the ring in which they are officiating has been adequately cleaned and is in a hygienic state before the restarting of the bout







T 38. BOUT PROCEDURE

- a. Sparring competitors will commence the bout on the start positions each with a red or blue set of headgear to differentiate between them. They will also be wearing the same colour hand and feet gear as their headgear or competitors may alternatively wear a black set of hand and feet gear. Mouth protection gear of a transparent colour must be worn at all times. At the command of the Centre Referee the competitors bow in turn to the Jury table, Centre Referee, and then to each other.
- b. The Centre Referee will then start the Light Contact Sparring with the command "SHI-JAK" and the competitors continue to spar until the Referee issues the command "HAECHYO".
- c. At this point the competitors cease to spar and remain where they are until restarted.
- d. An audible signal of time will end the round and/or bout. The reverse order of bowing will ensue and the result will be declared.
- e. In a draw situation: warnings and/or minus points are not carried forward.
- f. If a competitor leaves the square they must re-start one (1) metre inside the square.

T 39. TIMING

On the first "SHI-JAK" (Start) command from the Centre Referee the timekeeper starts the clock until full time, unless the Centre Referee calls for a "time out" by saying "Jung-Ji. At this time the timekeeper stops the clock until the next "GAE-SOK" (Continue) command is given.

T 40. OFFICIALS FOR SPARRING COMPETITION

One (1) Jury President, one (1) Jury Member, one (1) Centre Referee and four (4) Corner Referees, and one (1) Ring Marshalls. Where there are insufficient Judges available the Tournament Arbiter may approve the use of only three (3) Judges.







SECTION IV - POWER

T 41. DIVISIONS

INDIVIDUAL

- a. Gender divisions
- b. Age divisions
- c. Belt divisions

It's preferred for each competitor to attempt, according to the list order, all the items listed for their group.

Power divisions must contain at least two (2) competitors, and should have at least eight (8) competitors. If the Tournament Arbiter deems the number of competitors in any division is insufficient, divisions may be merged as follows:

- a. age groups may be combined:
 - i. Pee Wee and Intermediate; and/or
 - ii. Intermediate and Junior, and/or
 - iii. Junior and Senior, and/or
 - iv. Junior, Senior, Advanced Senior and Veteran; and/or
 - v. Senior, Advanced Senior and Veteran; then
- b. rank divisions may be combined.

All competitors in a division will be merged, and not split into parts, unless there are concerns for competitor safety and overall fairness.

INDIVIDUAL POWER TEST ITEMS BY DIVISION

Gender division			LE			FEMALE						
Age division	5-10	11-14	15	-17	18	3+	5-10	11-14	15	-17	18	3+
Belt division	AII	AII	СВ	ВВ	СВ	ВВ	AII	AII	СВ	ВВ	СВ	ВВ
Sonkal Taerigi	-	-	√	✓	√	✓	-	-	√	✓	√	✓
Yop Chagi	√	√	√	✓	√	✓	V	√	✓	✓	√	✓
Dollyo Chagi	-	-	√	✓	√	✓	-	-	√	✓	√	✓
Naeryo Chagi	√	√	-	-	-	-	√	✓	-	-	-	-
Naeryo Taerigi	√	√	-	-	-	-	√	√	-	-	-	-

T 42. PROCEDURE

- a. A machine designed for the specific test will be used.
- b. In power breaking it is permitted to step forward, to slide, skip and or jump.
- c. A forearm guarding block must be adopted <u>before</u> and <u>after</u> each attempt to break the board(s).
- d. For Sonkal the strike may be either inward or outward.
- e. A standard foam pad will be placed on the front of all power test board breaks.

Each competitor will be allowed:

- a. to select the number and strength of boards for each attempt for each item, and
- b. a maximum of five (5) attempts at each item listed in their division.







The following procedure shall take place for each attempt.

- a. After a red flag signal of the referee, each competitor has one (1) minute *per attempt*, to attempt to bend or separate the board(s) which must include one (1) pre-judge of distance with touching allowed, followed by the attempt to break the board(s).
- b. If the time limit is exceeded before the attempt is made then the competitor receives zero (0) points.
- c. A forearm guarding block ready posture is to be adopted before and after the attempt to break the board. If a competitor does not make a forearm guarding block before or after the attempt, then they will have their score for that item reduced by:
 - i. 10% if they missed one guarding block; and
 - ii. 20% if they missed both guarding blocks.
- d. Referees may disallow an attempt for failure to maintain the following:
 - correct balance and posture throughout technique, and
 - ii. correct attacking tool in the correct manner.
- e. Referees must examine each board before and after each attempt and award points according to the power test points table.
- f. The highest score for each item will be added together, and only the highest score for each item will be counted towards the overall competitors score. The three highest scores will set 1st, 2nd and 3rd place winners.
- g. In the event of a tie the Jury President will select by drawing one (1) item to be the "Tie-breaker". They will decide how many boards are to be used. The tied competitors will then carry on until the places are decided.

If all competitors in the division did not score any points at their attempts during the match, then all competitors will deemed to have tied for first place, and a tie-breaker will take place.

If at least one competitor in a division scores any points in any round then, competitors that did not score any points over all rounds during the match will not be allowed to continue the power breaking competition to determine any place and will not receive any medal.

POWER TEST SCORING AGES 15+

- a. White, Red and Black polar boards will be used for ages 15+.
- b. When multiple polar boards are included in a single break the:
 - i. most difficult board will be at the front and the weakest board at the bank, and
 - ii. score from each board that is separated or bent will be added together and multiplied by the number of boards in the break (see appendix).

Polar Board	Each Separated Board	Bent board
White	Five (5) points	Two (2) points
Red	Six (6) points	Three (3) points
Black	Seven and ½ (7.5) points	Four and ½ (4.5) points







POWER TEST SCORING AGES 5-14

- a. Black, Brown, Blue, Green, Orange, Yellow, and White Peg boards will be used for 5-14 years.
- b. When attempting to break two (2) PEG boards together at least one (1) of the boards must be a back PEG board, and when attempting to break three (3) boards at least two (2) must be black PEG boards, and so forth.
- c. When multiple PEG boards are included in a single break the:
 - i. most difficult board will be at the front and the weakest board at the bank, and
 - ii. score from each board that is separated or bent will be added together, there will NOT be any multiple factor in the score.

PEG Board	Each Separated Board	Bent board
White	One (1) point	½ (0.5) points
Yellow	Two (2) points	One (1) point
Orange	Three (3) points	One and ½ (1.5) point
Green	Four (4) points	Two (2) points
Blue	Five (5) points	Two and ½ (2.5) points
Brown	Six (6) points	Three (3) points
Black	Seven (7) points	Three and ½ (3.5) points

T 43. OFFICIALS FOR POWER BREAKING

Two (2) Referees (one will also perform the duties of the Jury President), and one (1) Ring Marshall/crew.







SECTION V - SPECIAL TECHNIQUE

T 44. DIVISIONS

INDIVIDUAL

- a. Gender divisions
- b. Age divisions
- c. Belt divisions

It's *preferred* for each competitor to attempt, according to the list order, all the items listed for their group.

Special Technique divisions must contain at least two (2) competitors, and should have at least eight (8) competitors. If the Tournament Arbiter deems the number of competitors in any division is insufficient, divisions may be merged as follows:

- a. age groups may be combined:
 - i. Pee Wee and Intermediate; and/or
 - ii. Intermediate and Junior, and/or
 - iii. Junior and Senior, and/or
 - iv. Junior, Senior, Advanced Senior and Veteran; and/or
 - v. Senior, Advanced Senior and Veteran; then
- b. rank divisions may be combined.

All competitors in a division will be merged, and not split into parts, unless there are concerns for competitor safety and overall fairness.

INDIVIDUAL SPECIAL TECHNIQUE ITEMS BY DIVISION

Gender division	MALE					FEMALE						
Age division	5-10 11-14 15-17 18+		B+	5-10	11-14	15-17		18+				
Belt division	All	AII	СВ	BB	СВ	ВВ	All	All	СВ	ВВ	СВ	ВВ
Twimyo Nopi Ap Cha Busigi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Twimyo Nopi Yop Cha Jirugi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	√
Twimyo Dollyo Chagi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

T 45. PROCEDURE

a. A machine designed for the specific test will be used.

Each competitor will be allowed as many attempts as is required provided that:

- a. once a competitor has made three unsuccessful attempts at any height for an item, they cannot make any further attempts for that item,
- b. once a competitor has half moved the board at the same height three times at the height they cannot make any further attempts for that item,
- a. once a competitor successfully fully moves the board at a particular height for an item listed in their division, they are not allowed to make another attempt for that item, unless the height attempted is greater than the highest successful attempt.
- b. The referees will set a starting height for each item. Each competitor in the division may attempt that height, or they may request to start at a lower height. All competitors do not need to attempt a height lower than the starting height. Competitors who successfully make a height lower than the starting height must attempt the starting height with the other competitors.







- c. Any competitor may also choose not to attempt the starting height, or subsequent heights for an item, unless they have already made an attempt. However once a height is increased the competitor can no longer attempt a lower height. Once a competitor makes an attempt they cannot skip out a height set by the Referees.
- d. For each item, once each competitor makes a successful attempt at a height, or is eliminated after reaching three (3) unsuccessful attempts for that item, the referees will determine the next height to be attempted.

The following procedure shall take place for each attempt:

- a. After a red flag signal of the referee, each competitor has one (1) minute *per attempt*, to attempt to move the board(s) which must include one (1) pre-judge of distance with no touching allowed, followed by the attempt to move the board(s).
- b. If the competitor touches a board during their pre-judging or if the prescribed time is exceeded before the attempt is made then the competitor receives zero (0) points for that attempt, and that attempt counts as an unsuccessful attempt.
- c. A forearm guarding block ready posture *is to* be adopted before and after the attempt to move the board. If a competitor does not make a forearm guarding block before or after the attempt, then they will have their score for that item reduced by:
 - i. 10% if they missed one guarding block; and
 - ii. 20% if they missed both guarding blocks.
- d. Referees may disallow a break for failure to maintain the following:
 - i. use of the correct attacking tool in the correct manner,
 - ii. knocking down the obstacle when performing Twimyo Nopi Yop Cha Jirugi, and
 - iii. falling down (i.e. any part of the body, other than the feet, touching the ground).
- e. Referees must examine each board before and after each attempt and:
 - i. each fully moved board will count as one (1) point for every centimetre above the ground, and
 - ii. each half moved board will count as two (2) points less than if the board was fully moved.
- f. The three highest scores for each item will determine the competitor ranking for each item; tied competitors will receive the same score. The competitor will then be awarded the number of points according to their ranking for that item. The three lowest scores will set 1st, 2nd, and 3rd place winners.
- g. In the event of a tie the Jury President will select by drawing one (1) item to be the "Tie-breaker". They will decide how high the jump will be. The tied competitors will then carry on until the places are decided.

If all competitors in the division did not score any points at their attempts during the match, then all competitors will deemed to have tied for first place, and a tie-breaker will take place.

If at least one competitor in a division scores any points in any round then, competitors that did not score any points over all rounds during the match will not be allowed to continue the power breaking competition to determine any place and will not receive any medal.

T 46. OFFICIALS FOR SPECIAL TECHNIQUES

Two (2) Referees (one will also perform the duties of the Jury President), and one (1) Ring Marshall / crew.







SECTION VI - DISPUTE PROCEDURE

T 47. TO T51. NOT USED

T 48. PROTEST

- a. Protests can be presented <u>ONLY by the Coach</u>, and <u>ONLY</u> when there is an apparent violation of the rules.
- b. Each protest must be written in the English language, on the official protest form and presented to the *Tournament Arbiter* within five (5) minutes from the end of the match.
 - i. The protest must be precise and circumstantial and must be accompanied by a tax that will be fixed by the *Tournament Arbiter* at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.
 - ii. Only in cases where the *Tournament Arbiter* positively accepts the protest the tax will be returned to the coach
- c. The *Tournament Arbiter* will then examine the circumstances of the protest and will decide:
 - i. to validate the match
 - ii. to repeat the match;
 - iii. to assign the victory of the match to the loser;
 - iv. to disqualify both competitors.
- d. In case of a protest the winner cannot compete again before the decision of the *Tournament Arbiter* has been made.

T 49. DECISIONS

- a. In order to give a decision the *Tournament Arbiter* may call on anyone else they desire to give evidence concerning the protest.
- b. On reaching a decision the *Tournament Arbiter* will notify all parties concerned of this decision.
- c. The *Tournament Arbiter* will at all times base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.
- d. The *Tournament Arbiter's* decision is final and no further correspondence will be entered into, either during or after the tournament.

T 50. DISQUALIFICATION

Club Managers/Representatives or Individuals who persist in arguing against decisions made by the *Tournament Arbiter* may, at their discretion, have the whole club, or the individual, disqualified from all further events at the tournament.

The *Tournament Arbiter* will consider the matter at a later date with a view to further action being taken by the Standards & Disciplines Committee.

T 51. CLUB/COMPETITOR WITHDRAWAL

In case of clubs or individuals withdrawing from the championship as a protest then the following will result:

- a. Automatic disqualification from that event which means no placing for that event, and therefore no medals
- b. Automatic disqualification from all further events at the championship.
- c. Further disqualification from further events as decided by the Foundation Standards & Disciplines Committee and the Foundation Advisory Panel.





T 52. ANTI-DOPING CONTROL

Doping control will be in accordance with the Foundation Anti-Doping Rules and WADA Anti-Doping Policy.

SECTION VII - GENERAL

T 53. UNEXPECTED EVENTS

The Tournament Committee shall make a decision in the case of any unexpected or unique event that may appear, and is not indicated in the Tournament Rules

T 54. TOURNAMENT ADVISORY GROUP

The Foundation Tournaments Advisory Group consists of the Director of the Tournaments Advisor appointed by the Advisory Panel of Foundation Tournament Advisory Group members and other members as appointed by the Tournaments Advisor.

T 55. COPIES OF RULES

A copy of the Tournament Rules must be present at all tournaments and be accessible to all competitors and officials.

T 56. IMPLEMENTATION

These rules will be in effect for the all Riccarton Round Robin Tournaments held on or after 1 April 2017.







SECTION VIII - POWER BREAKING SCORING APPENDIX

a. Score summary for polar board breaks, if all boards are separated.

Boards				Abb.	Base score	Factor	Total Score
White				W	5.0	1	5.0
Red				R	6.0	1	6.0
Black				В	7.5	1	7.5
White	White			WW	10.0	2	20.0
Red	White			RW	11.0	2	22.0
Red	Red			RR	12.0	2	24.0
Black	White			BW	12.5	2	25.0
Black	Red			BR	13.5	2	27.0
Black	Black			BB	15.0	2	30.0
White	White	White		WWW	15.0	3	45.0
Red	White	White		RWW	16.0	3	48.0
Red	Red	White		RRW	17.0	3	51.0
Black	White	White		BWW	17.5	3	52.5
Red	Red	Red		RRR	18.0	3	54.0
Black	Red	White		BRW	18.5	3	55.5
Black	Red	Red		BRR	19.5	3	58.5
Black	Black	Red		BBR	21.0	3	63.0
Black	Black	Black		BBB	22.5	3	67.5
White	White	White	White	WWWW	20.0	4	80.0
Red	White	White	White	RWWW	21.0	4	84.0
Red	Red	White	White	RRWW	22.0	4	88.0
Black	White	White	White	BWWW	22.5	4	90.0
Red	Red	Red	White	RRRW	23.0	4	92.0
Black	Red	White	White	BRWW	23.5	4	94.0
Red	Red	Red	Red	RRRR	24.0	4	96.0
Black	Red	Red	White	BRRW	24.5	4	98.0
Black	Black	White	White	BBWW	25.0	4	100.0
Black	Red	Red	Red	BRRR	25.5	4	102.0
Black	Black	Red	White	BBRW	26.0	4	104.0
Black	Black	Red	Red	BBRR	27.0	4	108.0
Black	Black	Black	White	BBBW	27.5	4	110.0
Black	Black	Black	Red	BBBR	28.5	4	114.0
Black	Black	Black	Black	BBBB	30.0	4	120.0

